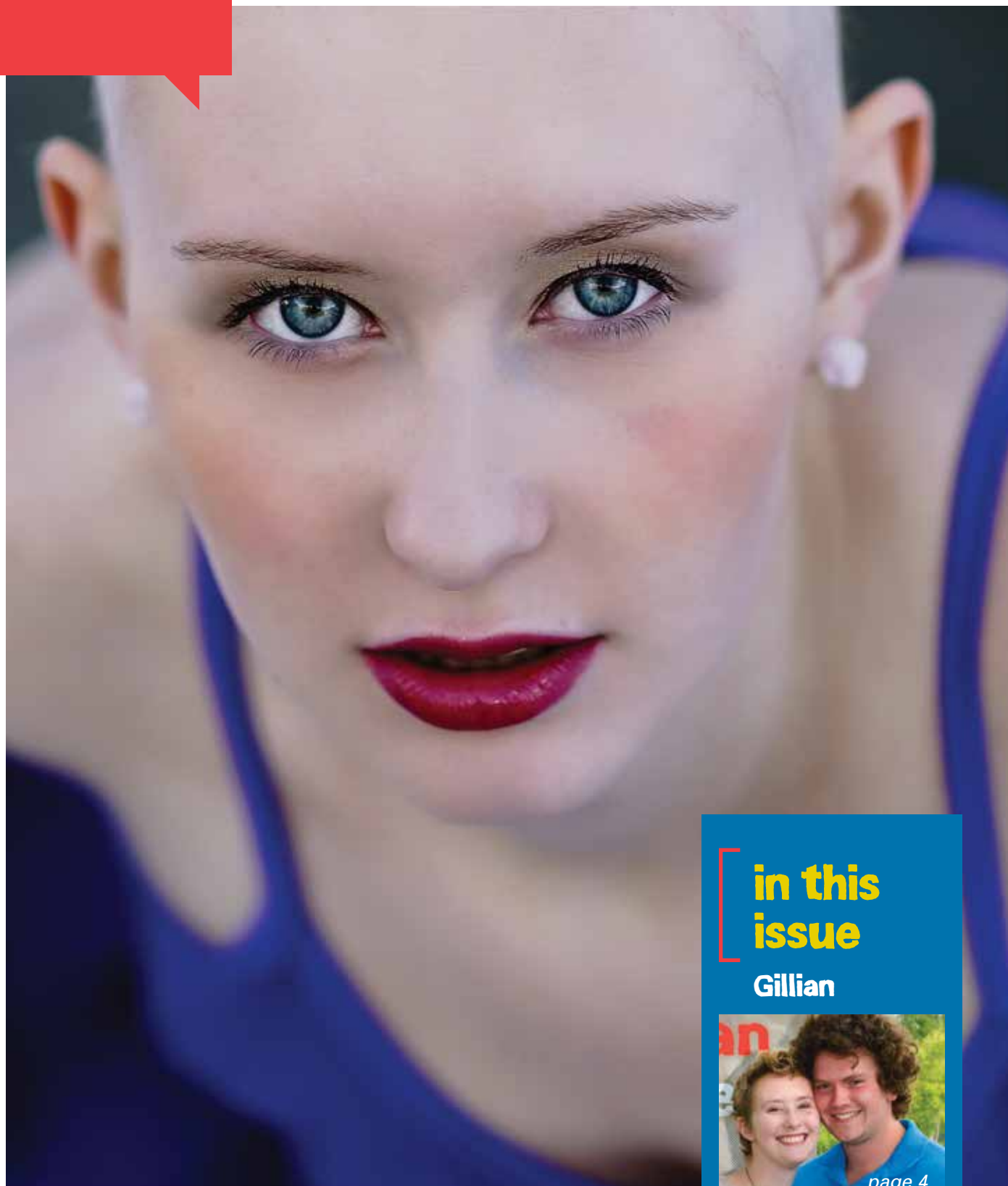


kids
candidly

YOUR GIFTS AT WORK, TRANSFORMING THE LIVES
OF CHILDREN WITH CANCER

kids
cancer care



**in this
issue**

Gillian



page 4

FALL/WINTER 2014 ISSUE

CEO message



Please give generously to our fall fundraising appeal.



dear friends,



As we say our final goodbyes to summer and slip into the routines of fall, we welcome the crisp mornings and the beauty of the changing seasons.

Fall is a busy time at Kids Cancer Care. We kicked off September with a flourish of activity during Childhood Cancer Awareness Month. I thank all of you who pitched in to raise funds and awareness last month. Perhaps most important, however, is that your efforts sent a strong message of solidarity to children in hospitals across Alberta—You are not alone in your fight! Thank you for being part of this month of action for children with cancer.

By now, you have probably received our fall fundraising appeal, featuring Baby Finn and his parents Inge and Martjin. I hope you have already responded with a donation, but if you haven't, please do so soon. We welcome all donations, large or small. Every gift helps us carry out our work.

Camp Kindle is booked solid with rental groups through the fall. This is great news because these bookings help offset the cost of running Camp Kindle and our cancer camp programs. Typically, bookings taper off during the winter months, which is a shame because Camp Kindle is the perfect spot for a corporate Christmas party or a quiet family getaway over the holiday season. I encourage you

to check out Camp Kindle this winter. Don't let all the snow scare you away. It's part of the charm of Camp Kindle.

Have you seen our new website yet? If you haven't, please visit us online today. We'd love to know what you think.

And speaking of your feedback, if you haven't already responded to our survey, please do. You and your opinions matter greatly to us. Whether you are a family member, a donor, a doctor, a researcher, shave host or community fundraising partner, you are vital to our work. Please take five minutes today and share your thoughts with us.

As the days get shorter and the evenings longer, I am reminded of how comforting it can be to curl up indoors with family and friends. I hope the holiday season finds you and your loved ones safe and sound with lots of goodwill and good cheer. Happy holidays! See you 2015!

With gratitude,

Christine McIver, M.S.M., CFRE,
Founder and Chief Executive Officer

Research news

Study examines follow-up care for adult survivors of childhood cancer

Surviving childhood cancer is only half the battle. After the cancer treatments are long over, most survivors face a litany of health problems that seriously impair their well-being and quality of life.

That's why Dr. Kathy Reynolds of the Alberta Children's Hospital in Calgary and Dr. Maria Spavor of the Stollery Children's Hospital in Edmonton are conducting a study to examine the follow-up care

that adult survivors of childhood cancer receive in Alberta.

"Cancer treatment in a child's formative years often leads to complex long-term side-effects," said Dr. Kathy Reynolds, medical director of the Long Term Survival Clinic at the Alberta Children's Hospital.

[continued on
page 8]

**RESEARCH
NOTICE**

news & media

facebook



You can see all the great photos and videos from our camp and fundraising events all year-long. Become a fan at Kids Cancer Care Foundation of Alberta.

all a-twitter



You can follow us on Twitter @kidscancercare for the latest news and events.

youtube



See our stories of hope and courage. Check out our YouTube channel KidsCancerCare.

websites



Stay up-to-date with the latest news and events and find out how you can get involved at kidscancercare.ab.ca.

Book your next school or corporate retreat or family reunion at campkindle.ca.

New website

Kids Cancer Care has a new website. Check it out and tell us what you think. Visit kidscancercare.ab.ca today and share your views about the new site with us at guise@kidscancercare.ab.ca.

Jabari goes gold for kids



Jabari Arthur, CFL wide receiver for the Calgary Stampeders, is pulling out all the stops for children with cancer. Jabari and other receivers

for the Calgary Stampeders showed their solidarity for children with cancer by wearing gold shoelaces in their street shoes for the entire month of September. Jabari also made a surprise visit last summer to SunRise camp, playing football and running relay races with the kids. Before saying goodbye, the kids signed Jabari's hat, which he wore proudly before and after the August 9 Calgary-Ottawa game. The Stamps beat Ottawa, 38-17, and Jabari attributed the good luck to wearing his special hat, endorsed by the kids! Who loves Jabs!?!

Sears Great Canadian Run

On August 23, 2014, 270 Alberta runners went on a journey for children with cancer, running 100 kilometres from Calgary to Camp Kindle in the Sears Great Canadian Run: Relay to End Kids Cancer. The runners raised \$150,000 for Kids Cancer Care, the Alberta Children's Hospital and the Stollery Children's Hospital. Thank you to Sears and all the runners and donors who gave their all for children with cancer.

Kids Cancer Care survey

If you haven't already completed the survey we emailed in early September, please do. We value your thoughts and opinions and would love to hear them. To complete the survey, email staff@kidscancercare.ab.ca.

Researchers looking for adult survivors of childhood cancer

Alberta doctors Kathleen Reynolds and Maria Spavor are looking for participants to take part in a study that is examining the follow-up care of adult survivors of childhood cancer in Alberta. The study will help health care professionals assess current models of follow-up care and determine whether they are adequately meeting the needs of survivors in Alberta.

Study eligibility

To take part in the study, candidates must meet the following conditions:

- Must be between 20 and 40 years of age;
- Must have been diagnosed with cancer as a child;
- Must have been discharged from the Alberta Children's Hospital's long-term follow-up clinic, where they were treated by Drs. Kathy Reynolds and Ross Truscott, between 1998 and 2013; or
- Must be currently receiving follow-up care through the Kids with Cancer Society Survivor Program at the Stollery Children's Hospital.

Visit kidscancercare.ab.ca to register or learn more about the study.

Meet Joel, our 2014 spokeskid

If you haven't already seen Joel at one of our many fundraising events, you've probably heard him on the radio or on TV. Joel's a celebrity and a true hero. Joel was diagnosed with a brain cancer when he was 10 years old and after being cancer-free for five years, he relapsed in June. But Joel didn't let that stop him. He met all his speaking engagements, receiving standing ovations at many. Joel is doing well and the tumours are shrinking. Keep going strong Joel. We're all rooting for you!



**feature
story**



SCHOLARSHIPS



Photos by Lexic Photography

you are helping Gillian realize her dreams

When Gillian's cancer continued to spread, even while on chemo, and she learned there was nothing more the doctors could do for her, she told her parents there were three things she wanted to do before dying.

"I set off all the alarms in airport security now. I'm a real menace."

—Gillian

It was March 2014 and Gillian had only weeks, maybe months, to live and her bucket list looked like this:

1. Get a tattoo;
2. Take a Wish Trip to Greece with her family; and
3. Get married.

Gillian has managed to reach all of her goals, but one.

1. In June, Gillian and her family took that trip to Greece. *Check.*
2. A couple of weeks later, she married her boyfriend Michael, just one week after graduating high school. *Check.*

But she still hasn't managed to get that tattoo.

Ironically, achieving the most ordinary of goals would present the biggest challenge for Gillian. The tattoo she has in mind is an elaborate image of a tree with branches spreading over her back. The tattoo artist explained that the project would take several weeks to complete with lots of time in between for healing. With her compromised immune system and limited timeframe, Gillian simply didn't have the time or the capability to heal properly between sessions.

Gillian has already lived a lot longer than doctors expected. If she had known in March that she would live into the fall, Gillian surely would have added a fourth goal to her bucket list:

4. Study art at the Alberta College of Art and Design.

"In the past, I've always shied away from the thought of doing art professionally because I was afraid it would turn my joy and passion for art into something routine or heartless," Gillian explains. "Cancer helped to focus my thinking on this. I know now that creating art is what I want to do with the rest of my life, so I enrolled at ACAD for the fall."

With your help, Gillian is pursuing her dream of being an artist. In late August, Kids Cancer Care held a special scholarship ceremony for Gillian and her family, awarding her with a Kids Cancer Care Derek Wandzura Memorial Scholarship for studies at ACAD. *Check.*

Gillian is not only a gifted artist; she is a brilliant dancer. She and her sisters, Colleen and Kimberly, have danced competitively for years. Ballet, pointe, tap, modern, hip-hop and jazz.

As a high-level dancer Gillian, is familiar with pain. But in May 2013, when the pain

I hope you dance

I hope you never lose your sense of wonder,

You get your fill to eat but always keep that hunger,

May you never take one single breath for granted,

God forbid love ever leave you empty handed,

I hope you still feel small when you stand beside the ocean,

Whenever one door closes I hope one more opens,

Promise me that you'll give faith a fighting chance,

And when you get the choice to sit it out or dance.

I hope you dance...

I hope you dance.

— Lee Ann Womack



Photo by Unique Perspectives Photography

"Gillian has been our inspiration through all of it."

—Mom



Photos by Lexic Photography

in her right leg persisted for two months straight, she saw a doctor. The doctor told her it was likely a muscle strain and asked her to stop dancing for a week.

It was competition time, so Gillian loaded up on painkillers and avoided seeing doctors until after the competition.

After the competition, Gillian saw a physiotherapist who knew just by feeling the leg that something was very wrong. A series of X-rays revealed a large mass in Gillian's right femur.

The next day, Gillian was diagnosed with a bone cancer that had already spread to her lungs. They administered chemotherapy, followed by two surgeries, in which they removed a 26-centimetre tumour from her right femur and two smaller tumours from her lungs. In a third surgery, they replaced her right leg with a metal prosthetic, which has presented a whole new set of challenges for Gillian.

"I set off all the alarms in airport security now," she laughs. "I'm a real menace."

"She's like the bionic woman," her mother Wendy adds.

Like the bionic woman, Gillian has had to relearn to walk—this time with her bionic leg. With your gifts, Gillian has been rebuilding her strength through regular physiotherapy sessions at PEER (Pediatric Patients Engaging in Exercise for Recovery), a collaborative initiative between Kids Cancer Care, Alberta Health Services and the University of Calgary, Faculty of Kinesiology.

Most crushing of all for Gillian, however, was being told she would never dance again.

Gillian's cancer has been tough on her younger sisters. Colleen felt a lot of guilt for being so strong and healthy, while Gillian was so sick: "Gillian is prettier, smarter and more talented than me. Why did she get cancer and not me?"

At one point, her other sister Kimberly started questioning whether she should be dancing at all.

Gillian was adamant: "You have to," she said. "You have to dance—for me."

It was then that her sisters' dancing took off. As Kimberly's dancing took on a beautifully poetic expression that hadn't previously been there, Colleen's dancing, which had always been brilliantly expressive, became technically strong.

Although it has been incredibly trying, cancer has not stopped the O'Blenes in the least. "As a whole, we're closer," says Wendy. "I'm not sure we'll ever fully weather what's happened, but our goal as a family has always been to plow through and move on and live life. We've chosen to maintain our active life and our busy schedules, but Gillian has been our inspiration through all of it."

Indeed, Gillian has become her own inspiration. Refocusing her creative energy from dancing into visual arts, she's determined to live life fully for as long as she can. ■

With your support through our PEER and scholarship programs, you are helping Gillian get back on track and realize her dreams.



Photos by Unique Perspectives Photography

power
of you

but I would walk 100 miles

Ernie Webster hates camping with a passion and he doesn't much care for hiking either. Throw in the usual rain and midges (bugs) of the Scotland wilds and you have the perfect atypical holiday for Ernie.

So what would possess a Calgary landscape architect to devote his annual holiday to making a 100-mile trek through The Kintyre Way in the Scottish Highlands?

Simply put? Children with cancer.

"As I started preparing for my trip home last September, I thought, 'Why not try something a wee bit different this time?'" says Ernie. "I'd read about children and their families walking the childhood cancer journey on the Kids Cancer Care website and I was inspired by their courage and hope in the face of such adversity.

"As a consultant in the development industry, I have witnessed extraordinary generosity. Friends and colleagues have gone on hikes, runs and cycling rides for various charities, which planted the seed that perhaps I could also do something similar, yet not the same."

While the experience of generous friends and colleagues inspired Ernie to raise funds for his fundraising trek, there was something else burning inside Ernie, something closer to home and closer to his heart.

"When I was 16, a dear school friend was diagnosed with leukemia," says Ernie. "We were very close childhood friends in a very tight-knit community. It was a very difficult cancer journey for her and her family. Elizabeth passed away at the tender age of 13 and I will always remember her bravery, humility and maturity, despite the obvious pain and suffering. We were one big family in our community and the sadness of this time has forever been a dark memory for me. It seemed like one minute Elizabeth was fine, doing athletics, sitting on the bus with me, and the next minute she was gone."

Ernie had planned to be in Scotland in the fall because on September 18, an historic referendum would take place to

determine whether or not the country would become an independent country or remain part of the UK. When Ernie learned that September is also Childhood Cancer Awareness Month, the idea of hiking The Kintyre Way for kids with cancer quickly took shape in his mind.



Photo by Unique Perspectives Photography

The Kintyre Way is a large peninsula in the southwest of Scotland, with breathtaking views. The sea is never far away on the narrow passage, which winds through quaint fishing villages, forests, beaches and stretches of rugged and treacherous coastline as well as open hills and moors. Ernie's family used to spend every September long weekend in Kintyre and returning to the rugged beauty of this peaceful spot was deeply restorative for him.

"In the big scheme of things, I realize this is a small effort and feat compared to those who tackle extreme sports and more daring pursuits for pleasure or worthy causes," says Ernie. "The challenges I encountered on this hike were nothing in comparison to the journeys that children with cancer must make." ■

Thank you Ernie!

Calgary landscape architect, Ernie Webster, hiked Scotland's Kintyre Way last September in honour of Elizabeth, a close friend he lost to cancer as a teen, and raised over \$5,000 for Kids Cancer Care.



Ernie's training regime for The Kintyre Way

In the weeks leading up to his trip, Ernie walked 20-kilometres twice a week with a backpack full of books. He added another book (one to two kilograms) each week until he could walk comfortably with 10 to 15 kilograms on his back. While hiking the four days it took to complete *The Kintyre Way*, Ernie carried a backpack, a sleeping bag, a one-person tent and provisions for the week on his back.

"The challenges I encountered on this hike were nothing in comparison to the journeys that children with cancer must make."

—Ernie

RESEARCH NOTICE

"Childhood cancer is a tough journey that never really ends."

—Samantha



"Managing these health issues comes at a high price—socially, financially and physically—for the survivor, family and health care system."

—Dr. Reynolds

"Survivors of childhood cancer are at significant risk for serious long-term health issues and even premature death because of the treatments they received."

Samantha Andres knows about the long-term effects of cancer and its treatments. Diagnosed at age eight with bone cancer, Samantha required a year of chemotherapy and several surgeries to remove the cancer in her leg and lungs. She lost her right leg to surgery and was left with 50 per cent of her original lung capacity. Now 20 years old, Samantha has been cancer-free for a decade, but she still receives follow-up care, including regular screening, mental health checks and a new prosthetic as needed.

"Childhood cancer is a tough journey that never really ends," says Samantha. "In the back of my mind, I always worry the cancer will return, but I know my doctors are looking out for me."

While 82 per cent of Canadian children diagnosed with cancer today have a five-year survival rate, only 31 per cent of survivors in North America are getting care that is specific to their childhood treatment. Although there is a standard of follow-up care in Canada, programs vary depending on the region and city.

"There are advantages and disadvantages to any program," Dr. Reynolds says. "We just want to see how survivors in Alberta have experienced their care. We want to see how they're doing. What is their quality of life? And what is their psychological and emotional well-being?"

Gathering information from survivors like Samantha, the study will help health care professionals evaluate current follow-up care in Alberta to assess whether the current models of care are adequately meeting the needs of long-term survivors. The information will ultimately help improve future care and services for adult survivors of childhood cancer.

"Sixty per cent of childhood cancer survivors experience at least one chronic medical problem, but this figure climbs to 75 per cent as they age," says



Photo by Unique Perspectives Photography

Dr. Maria Spavor, medical director at the Kids with Cancer Society Survivor Program at the Stollery Children's Hospital. "When you consider that one-third of these survivors experience a medical condition that is severe and life-threatening, we're talking about a serious health care issue. Understanding their long-term health complications and their care needs is crucial."

"Managing these health issues comes at a high price—socially, financially and physically—for the survivor, family and health care system," says Dr. Reynolds. "It's critical we understand the best model of adult survivorship to reduce their risk of morbidity and mortality."

Funded through the Kids Cancer Care Chair in Pediatric Oncology Research Fund, an endowed fund at the Alberta Children's Hospital Foundation, the study is currently recruiting adult survivors of childhood cancer to participate in the study and share their experiences.

To learn more about the study or to register, visit kidscancercare.ab.ca.

Tips to a stress-free holiday season

As Andy Williams' Christmas classic goes, "It's the most wonderful time of the year." The holiday season can be filled with fun and cheer, spending time with loved ones, exchanging gifts, attending parties and, of course, eagerly awaiting the arrival of Santa Claus! The holidays are supposed to be full of merry, eggnog and mistletoe, but it can easily become a stressful time, as we try and fulfil every obligation and meet the high expectations of the season.

Here are a few tips on how to stay healthy, happy and stress-free this holiday season:

1. Plan ahead and delegate

Stress can build up if you procrastinate on your to-do list. Try to accomplish small tasks each day leading up to the holiday season and don't be afraid to ask for help! Get your family involved in preparing for the holidays and make it a fun experience for everyone. Buy gifts, decorate and cook together. Share in the magic of creating Christmas together.

2. Know your limits

Don't be afraid to use the word, "No," during the holiday season. It would be great to attend every event, but it's not realistic. Know your limits and don't become overwhelmed. And be sure to get a healthy amount of rest.

3. Eat nutritious foods

This can be difficult when there are cookies, chocolates and treats everywhere you turn. Try to choose healthy options, such as whole grains, fruits and vegetables filled with antioxidants, and lean meats. Still enjoy desserts (it is the holidays after all), but keep them in moderation.

4. Exercise

Take advantage of the season and get outdoors with the family for a ski, skate or snowshoe. Enjoy a brisk walk or have a snowball fight in the backyard. Whatever you do, make time to move, move, move! Exercise lowers stress levels, increases endorphin levels and allows you to eat that extra cookie guilt-free.

5. Let it go!

Also a difficult feat. Nothing's going to be perfect. Relax and enjoy time with family, even if a pie burns or someone is disappointed with their gift. Reconcile the situation, move on, and embrace the holiday cheer!

We wish you a happy, healthy and stress-free holiday season. ■

* Abridged and adapted from the National Foundation for Cancer Research *

Top 10 foods for better health

Turmeric

A couple of teaspoons in a pot of chicken soup gives depth to broth, in terms of colour and flavour.

Garlic

No meal has ever suffered from a little minced garlic.

Tomatoes

Lycopene in tomatoes may have discouraging effects on the growth of cancer in the prostate, lung and colon.

Seeds and nuts

Throw a handful on your salad, into your muffins or your cereal.

Chocolate

Ditch the candy in favour of some rich dark chocolate, the higher the cocoa content the better.

Citrus

All citrus fruits may boost the cancer-busting properties of the phytochemicals we gain from other foods. Use lemon or lime in your salad dressing and in your curries.

Flax

Flax has omega-3, which, with its anti-inflammatory properties, may help prevent tumour growth.

Fruits and vegetables

More! More! More! Lots of variety and lots of colours!

Spuds

Not to be confused with French fries!

Be like Mike

Michael Pollan, author of the Omnivore's Dilemma, writes: "Eat food. Not too much. Mostly plants."

* Abridged and adapted from LEAP into Alberta's cancer-free movement *

what's up
at kindle?

Kindle Christmas

Imagine spending Christmas in a cozy, rustic lodge, a crackling fire roaring in the background. You're with your loved ones, playing games, watching movies and eating delicious meals prepared by a Red Seal chef. Sounds like a scene from a movie, doesn't it? But this is the Christmas the Shillam family experienced last year at Camp Kindle.

For the past couple of years, the Shillam family had been trying to change their focus at Christmas. "We wanted to make Christmas about spending quality time together rather than just about the presents," says Annette Shillam. "When I received an email regarding Camp Kindle as a rental facility, it looked like the perfect Christmas fit—a lovely place for us to stay as a family, all while supporting children and families dealing with cancer."

Having recently lost a family member to cancer, the Shillam family understands the heartache that cancer can bring. "In August of last year, two of our children and four grandchildren lost their father and 'papa' to cancer," says Annette. "We know the devastating effects cancer can have on a family and it was great to know that by renting Camp Kindle, we'd be helping families affected by childhood cancer."

"One of the grandchildren said it was probably the best Christmas ever and could we please come back and do it again?"



The Shillam family arrived at Camp Kindle on Friday, December 20th with 10 adults and five children in tow, ranging in ages from five to 12. And so began their Christmas adventure at Camp Kindle! "We stayed in the Jack Perraton Volunteer Lodge, which worked out perfectly for our group," says Annette. "Each family had their own bathroom and the kids had a wonderful time picking out their rooms. There was food set out for us in the dining hall and we spent the remainder of the evening just enjoying each other's company."

The rest of the weekend, the Shillam family took advantage of the many activities available at Camp Kindle. "We spent so much quality time together enjoying all kinds of activities: we skated on the pond and played a little hockey, took a spin on crazy-carpet, built snow castles and when it was too dark to be outside, we went in to watch a movie or play some games. It was an amazing winter wonderland with lots to explore and do, yet a very peaceful and quiet place to spend time with family."

No Christmas would be complete without a home-cooked turkey dinner with all the trimmings. "Tara and her staff prepared a delicious Christmas dinner in fine style. The dining hall table was set and decorated for us and we had a great turkey dinner," says Annette. "It was fantastic and it was such a nice treat not to have to do all the cooking!"

For the Shillam family, Christmas at Camp Kindle helped them realize their goal of spending quality time together. "It was a very memorable and enjoyable Christmas, one that we still talk about," says Annette. "One of the grandchildren said it was probably the best Christmas ever and could we please come back and do it again?" ■



Photo is courtesy of the Shillam family

how
to help

5 things you can do at Camp Kindle this winter



1. **Celebrate** your staff and your 2014 achievements. Book your corporate Christmas party at Camp Kindle, where the possibilities for fun and activity are endless. Celebrate in style with champagne and appetizers during an elegant reception in the Jayman Lodge. Our Red Seal, French-trained chef will work with you to create the perfect menu for you and your group.

2. **Skate** on Kindle Pond. If swanky is not your style, go simple and book a skating party at Camp Kindle. After burgers and beer, enjoy an evening skate on Kindle Pond. Then gather 'round the campfire with s'mores and Bailey's. Stay all night or just for the evening.

3. **Snowshoe** at Camp Kindle. We have miles of trail just waiting for you to break it in. Take in the majestic beauty and serene silence of Camp Kindle's rugged wilderness, situated in the Rocky Mountain Forest Reserve. Stop in at the Jayman Lodge for hot chocolate after your group's refreshing day outdoors.

4. **Experience** the outdoors. Your students have so much to learn about our unique winter environment and Camp Kindle is just the place to take it all in. Book your winter environmental class today.

5. **Relax.** Not up to cooking that turkey dinner this year? Not sure where to go for your family Christmas? Why not a Kindle Christmas? Spend Christmas at Camp Kindle. We'll provide the turkey dinner and sweets and whatever your family desires, along with a Christmas tree and all the trimmings. Bring your PJs and your presents for a traditional Kindle Christmas.

To book your winter experience at Camp Kindle today, visit campkindle.ca or call **403 637 3975**. We'll work with you to create a customized visit that is perfect for you and your group. ■



Photos s courtesy of the Shillam family

Photo by Unique Perspectives Photography

Photos s courtesy of the Shillam family

events

you can get involved

To find out how you can get involved in our fundraising events as a participant, volunteer or sponsor, contact us at 403 216 9210 or staff@kidscancercare.ab.ca.

save the date

PEER – Pediatric Oncology Survivors Engaging in Exercise for Recovery (Survivors and Siblings)

Wednesday evenings
September 17 through December 17
Gordon Townsend Gymnasium
Alberta Children's Hospital

Teen Camp (ages 13 to 17)

October 24-26, 2014
Camp Kindle

Halloween Howler (ages 3 to 12)

November 1, 2014
Gordon Townsend Gymnasium
Alberta Children's Hospital

Games Night (ages 13 to 17)

November 9, 2014
Best Buy Westhills

Cool Yule – A Christmas Carol

November 23, 2014
Theatre Calgary
EPCOR Centre for Performing Arts

Christmas Eve Dinner at the hospital

Wednesday, December 24, 2014, 5:00 PM
Sunshine Room
Alberta Children's Hospital

Parents' Quest for the Cure gala

Presented by MNP
Saturday, March 7, 2015
The Westin Calgary

Tour for Kids – Alberta

Presented by Coast to Coast Against Cancer
July (weekend TBD)
Banff > Lake Louise > Rocky Mountain House > Caroline > Camp Kindle > Calgary

Don, Joanne and the Coach Golf a Kid to Camp Tournament

Presented by Trico Homes and XL 103
Thursday, August 6, 2015
Cottonwood Golf and Country Club



Teen Camp (ages 13 to 17)

March 13-15, 2015

Bereaved Family Camp

May 8-10, 2015
Camp Kindle

Family Camp

June 5-7, 2015
Camp Kindle

Family Camp

October 2-4, 2015
Camp Kindle

Teen Camp (ages 13 to 17)

Oct 30-Nov 1, 2015
Camp Kindle

Cover photos courtesy of
Lexic Photography.

We appreciate the opportunity to communicate with you about our activities. If you wish to alter the amount or type of mail you receive, please contact us at 403 216 9210 or email staff@kidscancercare.ab.ca.

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